

CERTIFICATE

OF PARTICIPATION

This is to certify that

Courtney Langford

Has successfully participated & completed the

4km Eastern Nights Trail Run

held at The Lake Club, Benoni.

TIME 00:28:36

PACE 07:09/km

OVERALL 29 of 73

GENDER 7 of 38

OPEN 2 of 15

01 August 2019, Thu

Date



BoutTime